

Autumn 1 Health & Wellbeing Addiction Sequence of lessons	Core knowledge/Lesson Objective	Links to Statutory Guidance/Evidence Based practice	Core vocabulary	Prior Knowledge
1. Drugs effects recap	Know the physical and psychological and effects of drugs and alcohol Know the difference between Physical addiction and Psychological addiction	• awareness of the dangers of drugs which are prescribed but still present serious health risks. • the physical and psychological consequences of addiction, including alcohol dependency. • the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood. the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions. the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.	Addiction Physical Psychological Dependency Gambling Gaming	Year 8 Drugs & Alcohol Year 9 Social Media and Body Image
2. Drug Addiction	Know the signs of drug addiction (including what drugs are the most addictive) Know the impacts of drug addiction Know how to manage drug addiction			
3. Alcohol Addiction	Know the signs of alcohol addiction Know the impacts of alcohol addiction Know how to manage alcohol addiction			
4. Gambling/Gaming Addiction	Know the signs of gambling & gaming addiction Know the impacts of gambling & gaming addiction Know how to manage gambling/gaming addiction			
5. Social Media Addiction	Know the signs of Social Media addiction Know the impacts of Social Media addiction Know how to manage Social Media addiction			
6. Consolidation/Assessment	Retrieval practice – what have I learnt & end of unit assessment	Cognitive Science PSHE association		

Autumn 2 Wider World Careers Sequence of lessons	Core knowledge/Lesson Objective	Links to Statutory Guidance/Evidence Based practice	Core vocabulary Career Job Curriculum Vitae Progression routes Further Education Higher Education Apprenticeship T-Level A-Level Application letter Cover letter Personal Profile Skills Work Experience Interview STAR – Situation, Task, Action, Result	Prior Knowledge
1. Progression Route	Recap - Know what progression routes are and be able to identify their own progression route from school, (plan A & B) and if they have any gaps that need addressing	Gatsby benchmark 1, 2, 3, 4, 5, 7,8		Year 9 Options work Future's Friday drop down days Year 10 CV and application
2. CV completion	Know how to use Unifrog to complete a CV – focus on Personal Profile Knowing what is a personal profile in a CV and its purpose			
3. CV Completion	Know how to use Unifrog to complete CV – focus on Skills Knowing what are skills and how to identify our own skills Writing their own skills and examples in their CV			
4. Applications	Know how to complete applications for colleges and apprenticeships			
5. Preparing for Interviews	Know what type of questions will be asked at interviews Know how to respond to interview questions (STAR technique)			
6. Mock Interviews	Apply knowledge from interview preparation and attend Mock Interview with employers/business representatives			
7. Consolidation	Retrieval practice/ Careers Interviews			

Spring 2 SRE Relationships/Family Planning children Sequence of lessons	Core knowledge/Lesson Objective	Links to Statutory Guidance/Evidence Based practice	Core vocabulary	Prior Knowledge
1.Unhealthy Relationships	Knowing the signs of unhealthy relationships Knowing what is domestic violence & abusive relationships and how to get support	the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, and how these can affect current and future relationships • the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.	Consent Domestic Violence Abuse Fertility Miscarriage Adoption Marriage Civil Partnership Co-habiting	Year 9 Sexual Relationships Consent Year 10 Pregnancy Consent Positive relationships
2.Relationship Breakups	Know the reasons why relationships break up Know how to break up a relationship positively Know how to manage a relationship breakup and the impact	how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust • the facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause. • the facts around pregnancy including miscarriage. • that some types of behaviour within relationships are criminal, including violent behaviour and coercive control.		
3.Marriage & positive relationships	Know what is meant by marriage and the different types of long-term commitment Know the positives of marriage and how to select a life partner	• the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.		
4.Parenting & Fertility	Know what makes a successful parent Know the different ways in which people can have children and issues people may have with fertility	• the characteristics and legal status of other types of long-term relationships. • that there are different types of committed, stable relationships. • how these relationships might contribute to human happiness and their importance for bringing up children.		
		• what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony. • why marriage is an important relationship choice for many couples and why it must be freely entered into. • the characteristics and legal status of other types of long-term relationships. • the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting. • how to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed.		

